



# 15th Jubilee Conference

## The Center for Lactation Science

### Breastfeeding – into the future

Warsaw, June 10-11, 2022

## CONFERENCE PROGRAM

FRIDAY June 10<sup>th</sup> – lecture session 9:30 – 5:45 (7:30)

- 09.30 - 10.30 Registration, welcome coffee, time to see the stalls  
10.30 - 10.40 Welcoming guests and lecturers  
10.40 - 10.55 Summary of the 2021/22 school year – after Covid, in the wake of war

### **Session I Infant nutrition - challenges**

- 10.55 - 11.00 Session I opening address  
11.00 – 11.15 How children are fed in Polish hospitals – the results of CNoL and Wrocław Medical University research study - **Paulina Szczygiół MD**  
11.15 – 11.35 The practical application of the perinatal standard in the area of infant nutrition – based on Fundacja Rodzić po Ludzku research - **Joanna Pietrusiewicz**  
11.35 – 11.40 The effect of the types of childbirth on the breastfeeding during the early stages of the postpartum period - **Magdalena Humaj-Grysztar MSc**  
11.40 – 12.00 Discussion

**12.00- 12.20 Coffee break 20 min**

### **Session II Clinical practice – the sublingual frenulum**

- 12.20 - 12.25 Session II opening address  
12.25 – 12.55 Research that changed everything about the lingual frenulum – **special guest, prof. Donna Geddes MD, PhD Australia**  
12.55 - 1.05 The short sublingual frenulum and breastfeeding process of infants from birth to the 6th month – 1<sup>st</sup> place in the competition, **Agnieszka Tokarz**  
13.05 - 1.25 The short sublingual frenulum is a tiny body part. CNoL stance on the matter – **Monika Żukowska-Rubik MD, PhD**  
1.25 - 1.45 Discussion  
1.45 - 1.55 Marketing presentation

**1.55 -3.00 Dinner break 65 minutes**

### **Session III Clinical practice – varieties**

- 3.00 - 3.05 Session III opening address  
3.05 - 3.15 Marketing presentation  
3.15 - 3.45 The infant and toddler nutrition in crisis – how we managed the pandemic and what challenges await us in the face of war? – **prof. Barbara Królak-Olejniak MD, PhD**  
3.45 - 3.55 Breastfeeding during pregnancy – 2<sup>nd</sup> place in the competition - **Sylwia Złotecka**  
3.55 - 4.00 The assessment of women's sexual satisfaction during the breastfeeding process – poster presentation, **Kamila Łabędź-Pietluch**  
**4.00 – 4.20 Discussion**

### **Session IV 15 years of The Center for Lactation**

- 4.20 – 4.25 Session IV opening address  
4.25 - 4.35 Marketing Presentation  
**4.35 – 4.50 Presenting graduates with CLC (Certified Lactation Consultant) diplomas**  
4.50 – 5.20 What is the most important aspect of lactation care – based on 35 years' experience of IBCLC consultant – **special guest Barbara Wilson-Clay, USA**  
5.20 – 5.30 The composition of mother's milk and the social support – 3<sup>rd</sup> place in the competition – **Anna Ziomkiewicz-Wichary PhD**  
5.30 - 5.35 The effects of breastfeeding mother's psychological stress on prolactin and cortisol levels in the breast milk – poster presentation, **Maja Matyas**  
**5.35 – 5.45 Discussion and summary**

**6.00 - 7.30 Dancing the night away with Vocart Zespół DJ**

**SATURDAY June 11<sup>th</sup> – lecture session 8:30 – 2.10**

**8.00 - 8.30 Welcome coffee**

**Workshops in 1,5h blocks 8.30 - 10.00; 10.20 - 11.50; 12. 40 - 2.10**

- Is it necessary to enhance mother's milk – when and for whom? – **prof. Barbara Królak-Olejniak MD, PhD, Matylda Czosnykowska – Łukacka MD, PhD**
- Kaleidoscope of particular cases – season 5 – **Katarzyna Kowol Trela MD, PhD, Joanna Kiełbasińska MSc, Magdalena Nehring-Gugulska MD, PhD**
- Diagnosing the children's skin lesions and their connection to the breastfeeding – **Roksana Kulińska MD**
- Adoptive mothers (lactation induction) – **Natalia Dobrzycka, Sylwia Jeż MD**
- And other...